

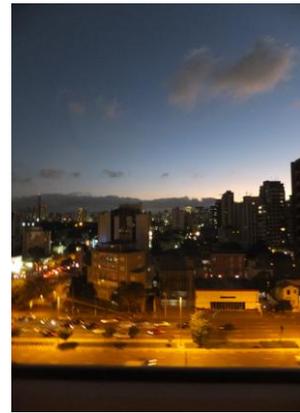
An Inter Group Adventure – Sharing the Light Sundial House Group, UK & CEPAZ, Brazil 2012



Day-break São Paulo

Brazil is a fertile, vibrant country marked by beautiful varied and colourful countryside with people to match.

São Paulo is a city that never sleeps. Traffic noise rises and falls throughout every 24 hours.



Even-tide São Paulo

A Sugar Cane Drink & The best tasting strawberry in the world



The roving local street market in São Paulo moves daily from place to place. Each of the stalls was full to overflowing with fresh produce that is beautifully & artistically displayed. The variety

of different fruits and vegetables on display is huge.

Friday 13 to Sunday 15 April – Inter Group Retreat - at Piracaia



The Pool



The Breaks



The working & meditating room

Our working visit began on Wednesday evening 11 April with a meditation and study meeting with members of CEPAZ which is a creative meditation group that meets weekly in São Paulo.

Members of CEPAZ and the Campinas Group met for their first three day retreat together in a small country hotel called Figueira Grande. The theme for the weekend was an exploration of our individual and group embodiment of the Laws & Principles of Everyday living through meditation, discussion & bodywork.

The Open Public Meeting on Tuesday 17 April



Elisa Campos



Andrée

Luizete Camargo

Ricardo

The history of the founding of The Group for Creative Meditation in the 1950's was shared as an illustrated talk. The presentation began with the idea that inspired this Roberto Assagioli's project. And journeyed through the last 59 years to the present day international correspondence courses of Creative Meditation & the World Service activity offered by the Sundial House Group.

A Mini Workshop at The Psychosynthesis Centre

Elisa Campos is a supreme net worker. She is a leading member of CEPAZ and was the main translator for the talks, workshops and presentations. Ricardo Georgini is the teacher and leader of CEPAZ.

Elisa and I attended the 7.30am Monday morning meditation meeting which is held every two weeks at the Centre of Psychosynthesis in São Paulo by Andrée Samuel.

At midday on the Monday Elisa and I had lunch with Marisia Donatellie, General Secretary and Roseli Carneiro, International Supervisor of the International Program both of the YMCA in São Paulo. Together we discussed ideas that might give birth to new inspirational projects for this region.

On the evening of Wednesday 18 April a mini-workshop was presented at the Centre of Psychosynthesis in São Paulo on the theme of Group Endeavour and Unanimity. It was well attended and received.

Heartfelt thanks go to Elisa Campos and her family and CEPAZ members who were generous hosts throughout my stay.