



The Law of Group Endeavour

“Do we need to make a special effort to enjoy the beauty of the blue sky? Do we have to practice to be able to enjoy it? No, we just enjoy it. Each second, each minute of our lives can be like this. Wherever we are, any time, we have the capacity to enjoy the sunshine, the presence of each other, even the sensation of our breathing. We don't need to go to China to enjoy the blue sky. We don't have to travel into the future to enjoy our breathing. We can be in touch with these things right now.”

– Thich Nhat Hanh

We each belong to many groups. Each group that we are a member of has a different tone, quality and function.

Most of us have learnt how to contribute to and participate in groups from early family associations, friendship groups, and in our working environment. Yet there are many more and varied groups that we belong to consciously or unconsciously e.g. community groups, national groups.

Groups are not just gatherings of people they are living entities or energy fields. Groups are formed by a blending of the thoughts, words, actions, and motives of its members. Groups develop a colour and personality. Groups function with a purpose through its participants.

When groups work with a common purpose for the elevation of the whole they move into a new territory. The members of these groups work in such a way that their personalities are committed and dedicated to the task and purpose of the group. The group begins to function with a transformational flair, commonly called service. E.g. The Red Cross, Amnesty International, Green Peace, the UN

A Reflective Consideration of Group Consciousness

Using the imagination allows the open attentive mind to draw on what it knows and allows new ideas and insights to drop into view often unexpectedly.

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Imagine on a plate placed before you two grapes. One grape is green and the other is red. The red grape has come from South America. The green grape has come from South Africa. Choose which of these two grapes to consider.

Now think about the steps involved in transporting this grape from the sunny vineyard it was growing in a few days ago. Imagine the people who have played their part in bringing the grape onto the plate set before you in your imagination. See each step of its journey in as much detail as possible. Use the imagination to re-trace the journey – moving backwards through time to see the grape growing just before it was picked.

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When was the seed planted to produce the grape vine?

Who invented the vehicles involved in its transportation e.g. cars, lorries, boats, planes?

How far back were you able to go in time as you followed your imagination?

Aspects of Group Endeavour

What is a group?

The Group is an entity and has: A group 'aura'; An emotional aspect; A mental aspect; A group personality; A group soul [a group wisdom that is evolving].

Methods of Group Integration

Love – Meditation - Sharing - Silence - Communication: External & Subjective (telepathic) - Service - Dedication to the group purpose.

Obstacles and Difficulties

Criticism - Personal devotion and attachment - The glamour of freedom - Individualistic tendencies & self-assertion

“A group is not just a gathering of people or an organization it is an evolving field of consciousness that is giving birth to new ideas and ways of being.”

