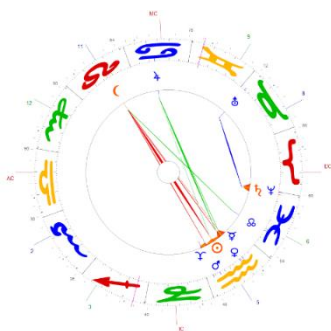




AQUARIUS FULL MOON

Day of safeguarding – 1st February 2026 London 22:09:51

Personality Aspect: ***Let desire in form be ruler.***

Soul Aspect: ***Water of life am I, poured forth for thirsty men.***



Aquarius Full Moon 01.02.2026 @ 22:09:51

We are tracing the story of Hercules and endeavouring to recognise how he, in his twelve labours, played the part of the aspirant upon the Path of Discipleship. On it, he undertook certain tasks, symbolic in nature, and passed through certain episodes and events which portray for all time the nature of the training and attainments which characterise the person who is nearing liberation.

[Labours of Hercules © Lucis Trust Ltd. p4]

Each of us is an embryo Hercules; and each one of us faces identical labours, each of us has the same goals to achieve and the same circle of the zodiac to encompass. As we study the story of Hercules and go with him through his twelve labours, passing around the great zodiac of the heavens, we will approach it from two angles: that of the individual and that of humanity as a whole.

The consciousness (we aspire to) is the consciousness that we are integral parts of a greater WHOLE, [...] Hercules [...] enacted the life story of every aspirant and demonstrated the part which the unit must play in the eternal enterprise. He has to find himself as an individual only to discover that individualism must be sacrificed intelligently to the good of the group.

Under the rule of matter, we are immersed in fear, individualism, competition, and greed. These have to give place to spiritual confidence, co-operation, group awareness and selflessness. This is the lesson that Hercules brings to us.

The Myth can be taken as the sowing of the seeds of foundational ideas, which give rise to relationships within societies and communities that are birthing the ideals of the New Age. At the time of the full moon, we open to be receptive to these energies that are available, and we strive to anchor them in our daily lives on behalf of humanity, the Hierarchy and the Christ. We open up to them on behalf of humanity.

And in this gathering that is the second service we attempt to align with, at this time of the Full Moon and the day of safeguarding.

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Excerpts from the 11th Labour of Hercules: © The excerpts as shown here: © Lucis Trust Ltd:

LABOUR XI. The Cleansing of the Augean Stables. - Aquarius, January 21st – February 19th

- The Myth: pp 180-182 "*Within the Place of Peace . . .*"
- The Myth Continued: pp182 -185 "*. . . it has been thought that the sheep went. . .*"
- Hallmarks of the Initiate: p 185 - 187 "Hercules being the initiate is pledged. . ."
- Interpretation of the Test: pp190-194 "Augeas, the son of Neptune, the god of. . ."

As we read and share, as we meditate and become receptive together, we enter a group field far richer and wiser than the sum of our individualities. We move closer to our spiritual confidence and group awareness.

Creative Meditation

The task confronting the world aspirant, humanity in the air sign of Aquarius is to use their innovative capacity for networking with others in selfless service to the Plan..... And aid the evolution of the whole through the attainment of right human relations.

Aquarius is depicted as a man holding an inverted vase. the man inverts the vase and out of it come two streams of water, the river of life and the river of love, and these two words, life and love, are the two words that embody the technique of the aquarian age; not form, not mind, but life and love....

[Labours of Hercules A.A.B.p187](#)

This is the down-pouring Water of Life, spoken of by Christ, and the symbol portrays not only the divine purifying spirit but the role of man in dispensing it - humanitarian activity through recognition of need, service, relationship and sense of responsibility.

[Meditation and the Rhythm of the Year. M.J.E. p58 -59](#)

Alignment

Sitting comfortably close your eyes or lower your gaze and take a few deep breaths.
Allowing the breathing to settle in a comfortable rhythm - relax the physical body and feel it soften.
Allow the emotions to become calm and serene - letting go of any previous thoughts.
Raising the consciousness through the emotional and mental fields towards the Soul inwardly affirm silently or aloud:

"I am a living, loving, willing soul – present in the here and now."

Realise that Hercules shines a light onto the Way and highlights not only the challenges but the opportunities that humanity is collectively facing at present as we stand at the Gateway of Aquarius.

Affirmation - The Mantram of the self

Identifying the personal 'I' consciousness with the Soul consciousness - realising they are in reality one - silently affirm the Mantram of The Self

More radiant than the Sun,
Purer than the snow,
Subtler than the ether is the Self,
the spirit within my heart.
I am the Self that Self am I.
We are that Self that Self are we.

Visualisation:

Visualise a channel or path of light going up from men and women all over the world.

Visualise their aspiration and invocation rising up and calling forth the response of the Great Ones - who, in turn - link it with the Forces of Light.

Realise that at this time of the full moon this alignment between humanity, the Hierarchy and the greater, extra planetary forces is at its maximum.

Realise that these combined forces are, in their varying degrees, building and holding this channel of contact and know that Spiritual Force can therefore flow in.

Meditation on a Seed Thought:

Contemplate for a few minutes, the energies needed and available at this particular time, as we align our thinking with the Seed Idea of the Soul in Aquarius. Mentally salute it becoming attuned to its livingness and its vibration. This helps to call in the energies to the points of greatest need and makes their aid and practical expression possible.

“Water of life am I, poured forth for thirsty men.”

Dedication:

Refocusing the consciousness silently sound the Mantram of Unification

The sons of men are one, and I am one with them.
I seek to love, not hate;
I seek to serve and not exact due service;
I seek to heal, not hurt.

Let pain bring due reward of light and love.
Let the soul control the outer form,
And life, and all events,
And bring to light the Love
That underlies the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate and outer cleavages be gone.
Let love prevail.
Let all men love.

Precipitation and Invocation:

Imagine that the energy of love is pouring through the planetary etheric web of light, stimulating each of the many centres into greater radiance. Using the creative imagination, send out the thought-form created as a blessing....as “Love is the incentive of our aspiration on the path”.

Continue to use your creative imagination, to circulate and distribute throughout the planetary etheric network the energies received as well as Light, Love and Will-to-Good, affirming their power to reach us and to anchor their redeeming life on earth.

Close by sounding the Great Invocation.

The Great Invocation:

From the point of Light within the Mind of God
Let light stream forth into human minds.
Let Light descend on Earth.

From the point of Love within the Heart of God
Let love stream forth into human hearts.
May the Coming One return to Earth.

From the centre where the Will of God is known
Let purpose guide all little human wills,
The purpose which the Masters know and serve.

From the centre which we call the human race
Let the Plan of Love and Light work out,
And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

(adapted)



The Sundial House Group for Creative Meditation

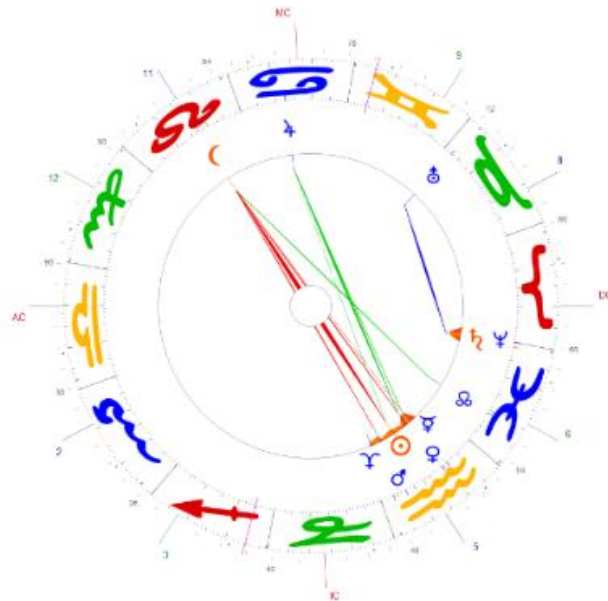
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The Gayatri

*O Thou Who givest sustenance to the Universe,
from Whom all things proceed,
to Whom all things return,
Unveil to us the face of the true Spiritual Sun,
hidden by a disc of golden light,
That we may know the truth
And do our whole duty
as we journey to Thy sacred feet*



Aquarius Full Moon 1.2.206 @ 22:09:51 City of London UK