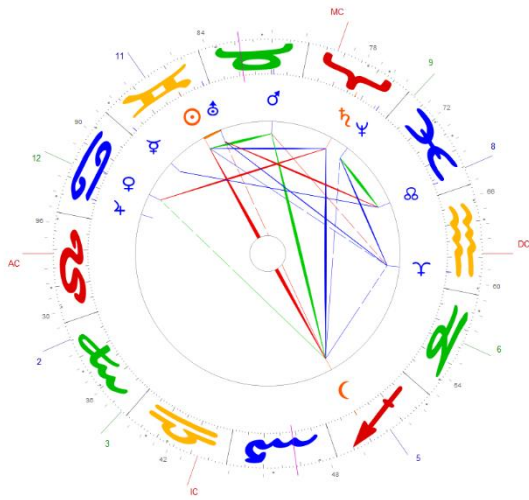




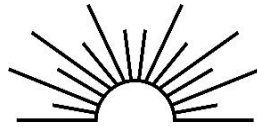
GEMINI FULL MOON – THE CHRIST FESTIVAL

The Day of Safeguarding

31st May 2026 London 09:46:17

Personality Aspect: ***Let instability do its work.***

Soul Aspect: ***I recognise my other self and in the waning of that self I grow and glow.***



Excerpts used during this meeting were prepared from a variety of sources. As we read and share, and as we meditate and become receptive together, we enter a group field far richer and wiser than the sum of our individualities. We move closer to our spiritual confidence and group awareness.

The Christ Festival always falls in the sign of Gemini and the influence of Gemini has been described as “the force which produces the changes needed for the evolution of the Christ consciousness at any particular point in time and space.”

The task before the aspirant humanity in airy Gemini, is to use the mind to gather knowledge and experience, within the constant flux and diversity offered by worldly life, and, over time, to synthesise this into greater and greater recognition of the underlying relationship and unity perceived by the soul.

Gemini points to a process of learning, which ultimately enables the personality to hear, trust and act on the inner wisdom of the soul, which naturally impulses intelligent love and selfless service of the alleviation of suffering. Thus, the human being becomes an illumined agent of the highest harmony and a conscious expression of ‘pure reason’ on earth.

Creative Meditation

Alignment

Sitting comfortably close your eyes or lower your gaze and take a few deep breaths. Allowing the breathing to settle in a comfortable rhythm - relax the physical body and feel it soften. Allow the emotions to become calm and serene - letting go of any previous thoughts. Raising the consciousness through the emotional and mental fields towards the Soul inwardly affirm silently or aloud:

“I am a living, loving willing soul present in the here and now”

Affirmation - The Mantrum of the Disciple

Identifying the personal 'I' consciousness with the Soul consciousness - realising they are in reality one - silently affirm the Mantram of the Disciple.

"I am a point of light within a greater Light.
I am a strand of loving energy Within the stream of Love divine.
I am a point of sacrificial Fire, focused within the fiery Will of God.
And thus I stand.

I am a way by which men may achieve.
I am a source of strength, enabling them to stand.
I am a beam of light, shining upon their way.
And thus I stand.

And standing thus revolve
And tread this way the ways of men,
And know the ways of God.
And thus I/We stand."

Align your thinking to consider the Gemini Soul Message. Mentally salute it becoming attuned to its livingness and its vibration, its quality, nature and potentiality.

I recognise my other self and in the waning of that self I grow and glow.

Relate it to the present world conditions and happenings at the time, for example, specific areas of conflict or suffering - meetings and conferences of local and international import. This helps to call in the energies to the points of greatest need and makes their aid and practical expression possible.

Visualization

.....Sitting quietly and poised..... endeavour to be a point of focused vision within the centre of the head, with the eye of the mind directed towards the soul

Send a line of light along the Antahkarana into the spiritual realm, where we join with all others who are approaching the spiritual energies in meditation ...

Listening expectantly with all your senses alert to that which will make itself known and grow within you... and as together we undertake the following visualisation.

In your mind's eye picture to yourselves an ocean of blue and upon the horizon can be seen slowly rising - a blazing sun.

Picture yourself as throwing yourself into the ocean, free of all encumbrances, worries, anxieties and cares. See yourself swimming towards a rowboat, which is lying midway between you and the rising Sun.

As you swim, you become aware of your group brothers and sisters, also swimming in the same direction. You recognise, know and love each other.

Then visualise yourself as climbing into the boat. When all of the group are in, see yourselves as each of you grasp an oar, and together, rhythmically, and steadily, row towards the rising Sun. There is harmony of stroke, of purpose and of direction.

Then see - between you and the rising Sun - a figure moving towards you..... Coming from the light, in your direction. In the clear pathway of the light you can see [the figure] ... distinctly... You see *together*.... *We see together* *Together we see*.....

Dedication

Using the creative imagination send out the idea of the living thought-form created as a blessing into the stream of mental consciousness as you sound the following dedication.

'Into the light we move, beckoned thereto by thee.
Out of the dark we come, driven thereto by the soul of all.
Up from the earth we spring and into the ocean of light we plunge.
Together we come.

Together we move, guided and led by the soul we serve and by
thee, the Master we know.
The Master within and the Master without are *One*.

That One are we. The One is all – my soul, thy soul, the Master
and the soul of all."

The Tibetan - DINA II p.127

Precipitation and Invocation:

Close by sounding the Great Invocation. Using the creative imagination to circulate and distribute throughout humanity's etheric network the energies contacted in receptive stage, the thought-forms created in reflective stage, as well as, Light, Love and the Will-to-Good.

The Great Invocation

From the point of Light within the Mind of God
Let light stream forth into human minds.
Let Light descend on Earth.

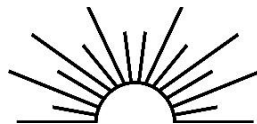
From the point of Love within the Heart of God
Let love stream forth into human hearts.
May the Coming One return to Earth.

From the centre where the Will of God is known
Let purpose guide the little human wills
The purpose which the Masters know and serve.

From the centre which we call the human race
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

(adapted)

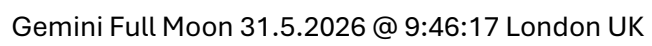


The Sundial House Group for Creative Meditation

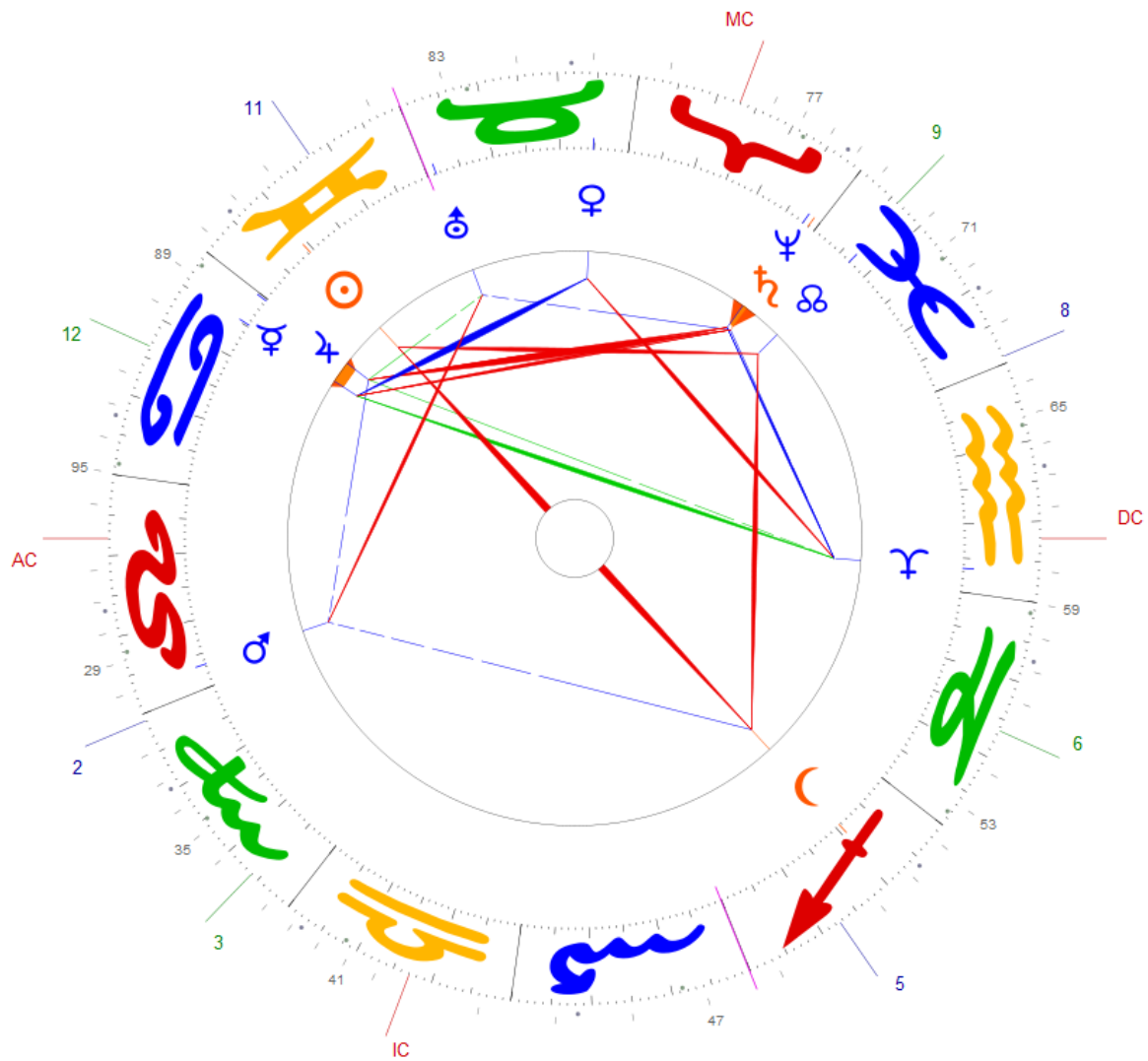
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Gemini Full Moon 31.5.2026 @ 9:46:17 London UK



Gemini Full 11th June 2025 @ 08:43:48 City of London UK

'A myth is far truer than a history, for a history only gives a story of the shadows, whereas a myth gives a story of the substances that cast the shadows.'

Annie Beseant