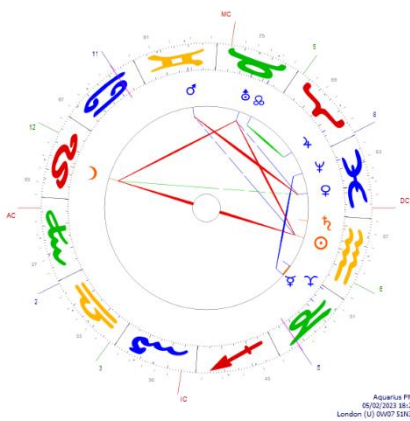




Aquarius Full Moon Festival

05th February 2023 – *The day of safeguarding*

Personality aspect: *Let desire in form be ruler.*

Soul aspect: *Water of life am I, poured forth for thirsty men.*

The incoming energies of Aquarius will change humanity's perceptions in a variety of ways. The evolution of group consciousness and growth of selfless service will deepen and expand our relationship with the synthesis of Oneness. As will the perception of God from being one Who is purely transcendent and impersonal to one Who is both transcendent and immanent and with these realisations, humanity will consciously build paths to greater understanding and the greater Truth of *synthesis*.



Welcome to the Sundial House gathering on the day of the Full Moon.

We are conducting our 2nd experiment, exploring new ways to come together as a group at the time of the full moon. We thank you for wanting to be part of this experiment. This gathering is meant to be an act of service that we perform as a group. Our first service is to accept the task of purifying our personality. To contextualise this experiment, let us offer you these thoughts.

We shall trace the story of Hercules and endeavour to show how he, in his twelve labours, played the part of the aspirant upon the path of discipleship. On it he undertook certain tasks, symbolic in nature, and passed through certain episodes and events which portray for all time the nature of the training and attainments which characterise the person who is nearing liberation.

[Labours of Hercules © Lucis Trust Ltd. p4]

Each of us is an embryo Hercules; and each one of us faces identical labours, each of us has the same goals to achieve and the same circle of the zodiac to encompass. [ibid p9] As we study the story of Hercules and go with him through his twelve labours, passing around the great zodiac of the heavens, we will approach it from two angles: that of the individual and that of humanity as a whole. [ibid p8]

The consciousness we aspire to, *is the consciousness that we are integral parts of a greater Whole, [...] Hercules [...] enacted the life story of every aspirant, and demonstrated the part which the unit must play in the eternal enterprise. [ibid p7] He has to find himself as an individual only to discover that individualism must be sacrificed intelligently to the good of the group. [...] Under the rule of matter (we are immersed in) fear, individualism, competition, and greed. These have to give place to spiritual confidence, co-operation, group awareness and selflessness. This is the lesson that Hercules brings to us. [ibid p9] And that is the second service we attempt to do in this gathering.*

Having purified our personality by following Hercules' example, we can become aware of being individual units playing a role in an ongoing group effort. We then cultivate our spiritual

confidence, co-operation, group awareness and selflessness so that we can come together tonight as a group and be receptive to the energies that are available at this time of the Full Moon. We open up to them on behalf of humanity.

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Excerpts: From Labour XI – Cleansing the Augean Stables

1. The Myth. Pages 180-182 (From start to *"The jewel that the XI labour gives is yours forever more"*)
2. Hallmarks of the Initiate. Pages 185 -187 (From start to *"work in the world of forces within yourself"*)
3. Decanates, Rulers, Constellations. Pages 189- 190 (From *"the Aquarian law is based on spiritual illumination"* to *"prepared the way for his own later work."*)
4. Interpretation of the Test. Pages 190-191 (From start to *"to leave off being exclusive"*.) AND page 193. From *"Let us cultivate the Aquarian spirit"* to *"entering into the age of love"*.

[excerpts as shown here: © Lucis Trust Ltd.](#)

As we read and share, as we meditate and become receptive together, we enter a group field far richer and wiser than the sum of our individualities. We move closer to our spiritual confidence and group awareness.

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Creative Meditation.

At the time we call "full" moon, the sun, moon and earth are in complete alignment - in other words, the light of the sun is reflected to earth by the whole face of the moon, and maximum light is reaching us from our Source of Light [...] it is a time therefore of increased magnetic potency. [M.J.E. Meditation and the Rhythm of the Year p. 66-67]

Alignment

Sitting comfortably close your eyes or lower your gaze and take a few deep breaths.
Allowing the breathing to settle in a comfortable rhythm. Relax the physical body and feel it soften, Allow the emotions to become calm and serene, letting go of any previous thoughts.
Raising the consciousness through the emotional and mental fields towards the Soul inwardly affirm silently or aloud.

"I am a living, loving willing soul present in the here and now".

"I am the Soul the Soul am I".

Identifying the personal 'I' consciousness with the Soul consciousness realising they are in reality one. As a soul we link up with our brothers and sisters and with all who are close on the inner plains sending forth the spirit of love and peace. As souls, we become aware of the group soul, and affirm the fact of group fusion. This is our spiritual intention; this keeps our minds steady in the light.

Silently affirm the Mantram of Group fusion:

Affirmation - Group Fusion (adapted)

I/We am/are one with my/our group brothers and sisters and all that I/we have is theirs.

May the love which is in my/our soul pour forth to them.

May the strength that is in me/us lift and aid them.

May the thoughts which my/our soul creates reach and encourage them.

Realise that Hercules shines a light onto the way and highlights not only the challenges but the opportunities that humanity is collectively facing at present as we stand at the gateway of the Aquarian full moon.

Aquarius is depicted as a man holding an inverted vase. the man inverts the vase and out of it come two streams of water, the river of life and the river of love, and these two words, life and love, are the two words that embody the technique of the aquarian age; not form, not mind, but life and love. [Labours of Hercules © Lucis Trust Ltd. P187]

Meditation on Seed thought

Align your thinking and give consideration to the Aquarian soul message.

“Water of life am I, poured forth for thirsty men”.

Mentally salute it - becoming attuned to its livingness and its vibration. Ponder on its quality, nature and potentiality.

Relate it to the present world conditions and happenings at the time, for example, specific areas of conflict or suffering, and meetings and conferences of international import. This helps to call in the energies to the points of greatest need and makes their aid and practical expression possible.

Visualization

Holding the consciousness high in the head visualise a channel or path of light going up from men and women all over the world, their aspiration and invocation rising up and calling forth the response of the Great Ones who, in turn, link it with the Forces of Light.

Realise that at this time of the full moon this alignment between humanity, the Hierarchy and the greater, extra-planetary forces is at its maximum.

Realise that these combined forces are, in their varying degrees, building and holding this channel of contact and know that Spiritual Force can, therefore, flow in.

Contemplate for a few minutes the energies needed and available at this particular time. They come to us through Hercules' labour and the seed thought.

Dedication

Using the creative imagination send out the idea of the living thought form created as a blessing into the stream of mental consciousness by sounding the following Dedication.

‘Into the light we move, beckoned thereto by thee.
Out of the dark we come, driven thereto by the soul of all.
Up from the earth we spring and into the ocean of light we plunge.
Together we come.’ – Djwhal Khul

Invocation & Distribution:

Close with the Great Invocation. Using the creative imagination to expand throughout humanity's etheric network, the energies contacted in receptive stage, the thought-forms created in reflective stage, as well as Light, Love and Will-to-Good.

The Great Invocation

From the point of Light within the Mind of God
Let light stream forth into human minds.
Let Light descend on Earth.

From the point of Love within the Heart of God
Let love stream forth into human hearts.
May the Coming One return to Earth.

From the centre where the Will of God is known
Let purpose guide the little human wills
The purpose which the Masters know and serve.

From the centre which we call the human race
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.
(adapted)

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'I have one major rule: Everybody is right. More specifically, everybody – including me – has some important pieces of truth, and all of those pieces need to be honored, cherished and included in a more gracious, spacious and compassionate embrace.'

- Ken Wilber



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