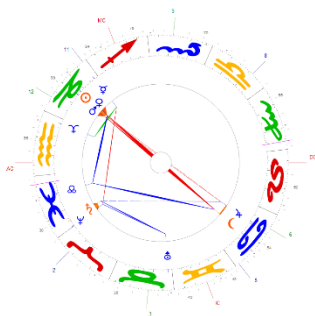




Virgo FM 2023, 31.8.23, London UK

CAPRICORN FULL MOON

Day of safeguarding 3rd January 2026 London 10:03:54

Personality Aspect: ***Let ambition rule and the door stand wide.***

Soul Aspect: ***Lost am I in Light supernal, yet on that Light I turn my back.***



We are tracing the story of Hercules and endeavouring to recognise how he, in his twelve labours, played the part of the aspirant upon the Path of Discipleship. On it, he undertook certain tasks, symbolic in nature, and passed through certain episodes and events which portray for all time the nature of the training and attainments which characterise the person who is nearing liberation.

[Labours of Hercules © Lucis Trust Ltd. p4]

Each of us is an embryo Hercules; and each one of us faces identical labours, each of us has the same goals to achieve and the same circle of the zodiac to encompass.

[ibid P9]

As we study the story of Hercules and go with him through his twelve labours, passing around the great zodiac of the heavens, we will approach it from two angles: that of the individual and that of humanity as a whole.

[ibid p8]

The consciousness (we aspire to) is the consciousness that we are integral parts of a greater WHOLE, [...] Hercules [...] enacted the life story of every aspirant and demonstrated the part which the unit must play in the eternal enterprise.

[ibid p7]

He has to find himself as an individual only to discover that individualism must be sacrificed intelligently to the good of the group.

[ibid p9]

Under the rule of matter, we are immersed in fear, individualism, competition, and greed. These have to give place to spiritual confidence, co-operation, group awareness and selflessness. This is the lesson that Hercules brings to us.

[ibid p9]

The Myth can be taken as the sowing of the seeds of foundational ideas, which give rise to relationships within societies and communities that are birthing the ideals of the New Age. At the time of the full moon, we open to be receptive to these energies that are available, and we strive to anchor them in our daily lives on behalf of humanity, the Hierarchy and the Christ. We open up to them on behalf of humanity.

And in this gathering that is the second service we attempt to align with, at this time of the Full Moon and the day of safeguarding.

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Excerpts from the 10th Labour of Hercules: © The excerpts as shown here: © Lucis Trust Ltd:

LABOUR X. The Slaying of Cerberus, Guardian of Hades. - Capricorn, December 22nd – January 20th

- The Myth: pp 169-170 “*The light of life must now. . . .*”
- The Myth Continued: pp170 -171 “*Downward, ever downward. . .*”
- Prologue: p 171 “*The sign of Capricorn. . . .*”
Interpretation of the Labour: pp 172 “*There are two gates of. . .*”
- Meanings of the Sign: pp173-175 “*This is the sign of the goat. . .*”
The Symbol of Cerberus: p 177 “*The three-headed dog Cerberus. . .*”

As we read and share, as we meditate and become receptive together, we enter a group field far richer and wiser than the sum of our individualities. We move closer to our spiritual confidence and group awareness.

Creative Meditation

Among the special tasks before the aspirant, humanity, in the earthly sign of Capricorn are, the conquest of matter, elevation of consciousness and liberation from the past in order to be free for higher and more spiritual life..., and the eventual experience of the mountain top - illumination.

Meditation and the rhythm of the year p56

The great swing in Capricorn is (*characterized*) by the keywords....."And the word said: let ambition rule and let the door stand wide." This is the key to the evolutionary urge and the secret of rebirth. (The Tibetan).

When a true sense of reality supersedes both earthly and spiritual ambition the man can say with truth, "lost am I in Light supernal, yet on that Light I turn my back." So goes the world disciple, initiate in Capricorn, on his way to serve humanity.

It has been said: "Christianity has not failed: it has never been tried." Are we now, after two thousand years, really beginning to try, individually and in group formation? This is the work that makes it possible for the Christ to reappear and also which prepares humanity to recognize him and to be able to endure the quality of the emanations that attend his coming.

Amplification of Esoteric Astrology, pp. 153-174.

Epilogue The Labours of Hercules pp178 -179.

Alignment

Sitting comfortably close your eyes or lower your gaze and take a few deep breaths.

Allowing the breathing to settle in a comfortable rhythm - relax the physical body and feel it soften.

Allow the emotions to become calm and serene - letting go of any previous thoughts.

Raising the consciousness through the emotional and mental fields towards the Soul inwardly affirm silently or aloud:

"We are the soul; the soul are we."

Realise that Hercules shines a light onto the Way and highlights not only the challenges but the opportunities that humanity is collectively facing at present as we stand at the Gateway of Sagittarius.

Affirmation - The Mantram of Group Fusion

Identifying the personal 'I' consciousness with the Soul consciousness - realising they are in reality one - silently affirm the Mantram of Group Fusion

We are one with our group brothers and sisters and all that we have is theirs.

May the love, which is in our soul pour forth to them.

May the strength, which is in us lift and aid them.

May the thoughts which our soul creates reach and encourage them.

(adapted)

Visualisation:

Visualise a channel or path of light going up from men and women all over the world.

Visualise their aspiration and invocation rising up and calling forth the response of the Great Ones - who, in turn - link it with the Forces of Light.

Realise that at this time of the full moon this alignment between humanity, the Hierarchy and the greater, extra planetary forces is at its maximum.

Realise that these combined forces are, in their varying degrees, building and holding this channel of contact and know that Spiritual Force can therefore flow in.

Meditation on a Seed Thought:

Contemplate for a few minutes, the energies needed and available at this particular time, as we align our thinking with the Seed Idea of the Soul in Sagittarius.

Mentally salute it becoming attuned to its livingness and its vibration. This helps to call in the energies to the points of greatest need and makes their aid and practical expression possible.

"Lost am I in Light supernal, yet on that Light I turn my back.."

Dedication:

Refocusing the consciousness silently sound the Mantram of Unification

The sons of men are one, and I am one with them.
I seek to love, not hate;
I seek to serve and not exact due service;
I seek to heal, not hurt.

Let pain bring due reward of light and love.
Let the soul control the outer form,
And life, and all events,
And bring to light the Love
That underlies the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate and outer cleavages be gone.
Let love prevail.
Let all men love.

Precipitation and Invocation:

Imagine that the energy of love is pouring through the planetary etheric web of light, stimulating each of the many centres into greater radiance. Using the creative imagination, send out the thought-form created as a blessing....as "Love is the incentive of our aspiration on the path".

Continue to use your creative imagination, to circulate and distribute throughout the planetary etheric network the energies received as well as Light, Love and Will-to-Good, affirming their power to reach us and to anchor their redeeming life on earth.

Close by sounding the Great Invocation.

The Great Invocation:

From the point of Light within the Mind of God
Let light stream forth into human minds.
Let Light descend on Earth.

From the point of Love within the Heart of God
Let love stream forth into human hearts.
May the Coming One return to Earth.

From the centre where the Will of God is known
Let purpose guide all little human wills,
The purpose which the Masters know and serve.

From the centre which we call the human race
Let the Plan of Love and Light work out,
And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

(adapted)



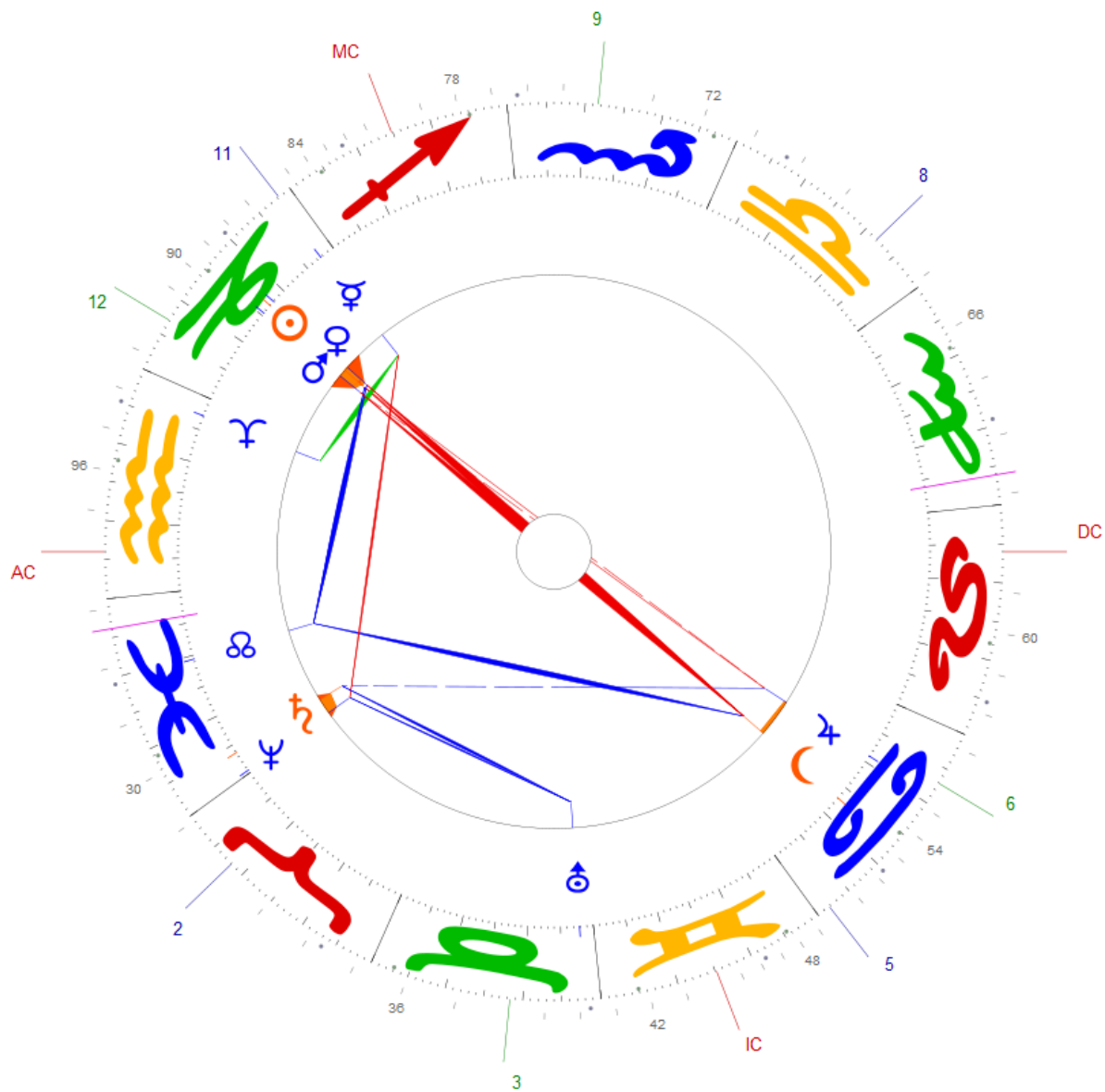
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*Lead us, O Lord, from darkness to light.
From the unreal to the real.
From death to immortality.*



Capricorn FM 3.01,2026 @ 10:03:54 City of London UK