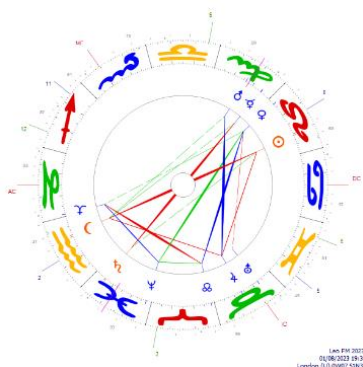




LEO FULL MOON

Day of Safe Guarding – 1st August 2023 London 19:31:28

Personality Aspect:

Let other forms exists. I rule.

Soul Aspect : ***I am that and that am I.***



We are tracing the story of Hercules and endeavouring to recognise how he, in his twelve labours, played the part of the aspirant upon the Path of Discipleship. On it, he undertook certain tasks, symbolic in nature, and passed through certain episodes and events which portray for all time the nature of the training and attainments which characterise the person who is nearing liberation.

[Labours of Hercules © Lucis Trust Ltd. p4]

Each of us is an embryo Hercules; and each one of us faces identical labours, each of us has the same goals to achieve and the same circle of the zodiac to encompass. [ibid P9]

As we study the story of Hercules and go with him through his twelve labours, passing around the great zodiac of the heavens, we will approach it from two angles: that of the individual and that of humanity as a whole. [ibid p8]

The consciousness (we aspire to) is the consciousness that we are integral parts of a greater WHOLE, [...] Hercules [...] enacted the life story of every aspirant and demonstrated the part which the unit must play in the eternal enterprise. [ibid p7]

He has to find himself as an individual only to discover that individualism must be sacrificed intelligently to the good of the group. [ibid p9]

Under the rule of matter, we are immersed in fear, individualism, competition, and greed. These have to give place to spiritual confidence, co-operation, group awareness and selflessness. [This is the lesson that Hercules brings to us.] [ibid p9]

The Myth can be taken as the sowing of the seeds of foundational ideas, which give rise to relationships within societies and communities that are birthing the ideals of the New Age. At the time of the full moon, we open to be receptive to these energies that are available, and we strive to anchor them in our daily lives on behalf of humanity, the Hierarchy and the Christ. We open up to them on behalf of humanity.

And in these gatherings that is the second service we attempt to align with, at this time of the Full Moon and the day of safeguarding.

-oOo-

Excerpts from the 5th Labour of Hercules: © Lucis Trust Ltd.

The Slaying of the Nemean Lion

- | | |
|--|--|
| 1. The Myth [p.95-96] | <i>And the great Presiding One, within....</i> |
| 2. The Myth Continues [p. 97-100] | <i>From place to place passed Hercules,...</i> |
| 3. The Field of the Labour [p.103-104] | <i>The sign Leo is one of the four arms...</i> |
| 4. Lesson of the Labour [p.108-109] | <i>the Nemean lion symbolizes...</i> |

From Leo comes solar power, clearing the way by burning for the expression of the Soul, and it provides the burning ground which all aspirants must tread eventually with self-effacement and yet will. [‘Meditation and the Rhythm of the Year’. A Sundial House Publication P40]

The task which lies before the aspirant humanity in the month of fiery Leo, is to conquer the self-assertive personality,.... to conquer fear and overcome it with the allied skills and qualities of the soul working through the personality..... [and] subordinating its will to the unifying love of the soul and thereby becoming a reliable agent for Divine Purpose in the world of men and women.

The ‘eye of vision’, the fiery light of illumination, seeks and visions a point of synthesis within the duality of life's relationships, which are after all, the relationship between the soul and personality of groups - local, national, international, and global. [

Creative Meditation

Alignment

Sitting comfortably close your eyes or lower your gaze and take a few deep breaths.
Allow the breathing to settle in a comfortable rhythm - relax the physical body and feel it soften.
Allow the emotions to become calm and serene - letting go of any previous thoughts.
Raising the consciousness through the emotional and mental fields towards the Soul inwardly affirm silently or aloud:

“I am a living, loving willing soul present in the here and now”.

Realise that Hercules shines a light onto the Way and highlights not only the challenges but the opportunities that humanity is collectively facing at present as we stand at the Gateway of Leo.

Affirmation – Group fusion

Identifying the personal ‘I’ consciousness with the Soul consciousness - realising they are in reality one - silently affirm the Mantram of Group Fusion.

We are one with our group brothers and sisters and all that we have is theirs.
May the love, which is in our soul pour forth to them.
May the strength, which is in us lift and aid them.
May the thoughts which our soul creates reach and encourage them.

(adapted)

Visualisation

Visualise a channel or path of light going up from men and women all over the world,.... Visualise their aspiration and invocation rising up and calling forth the response of the Great Ones - who, in turn - link it with the Forces of Light.....Realise that at this time of the full moon this alignment between humanity, the Hierarchy and the greater, extra planetary forces is at its maximum.

Recognising that these combined forces are, in the varying degrees, building and holding this channel of contact and know that Spiritual Force can therefore flow in.

Contemplate for a few moments the energies needed and available at this particular time, that come to us through Hercules’ Labour and as we align our thinking with the Seed Idea of the Soul message in Leo.

I am That and That am I.

Mentally salute it and become attuned to its livingness and its vibration... This helps to call in the energies to the points of greatest need and makes their aid and practical expression possible..... Ponder on its quality, nature and potentiality.....and relate it to the present world conditions and happenings at the time.

The Leo Soul Seed Thought

"I am That and That am I."

Refocusing the consciousness silently sound the dedication.

*In the centre of all Love I stand.
From that centre I, the soul, will outward move.
From that centre I, the one who serves, will work.
May the love of the divine Self be shed abroad,
in my heart, through my group, and throughout the world.*

Imagine that the energy of love is pouring through the planetary etheric web of light, stimulating each of the many centres into greater radiance.....and using the creative imagination, send out the thought-form created as a blessing....as *"Love is the incentive of our aspiration on the path"*. Continue to use your creative imagination, to circulate and distribute throughout the planetary etheric network the energies received as well as Light, Love and Will-to-Good.

Close by silently reciting the Great Invocation.

The Great Invocation

From the point of Light within the Mind of God
Let light stream forth into human minds.
Let Light descend on Earth.

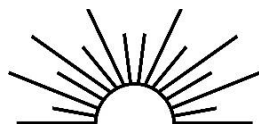
From the point of Love within the Heart of God
Let love stream forth into human hearts.
May the Coming One return to Earth.

From the centre where the Will of God is known
Let purpose guide the little human wills
The purpose which the Masters know and serve.

From the centre which we call the human race
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

(adapted)



The Sundial House Group for Creative Meditation
sundialcentre@btinternet.com www.creativegroupmeditation.org
www.creativemeditation.net

'We are the Soul. We are Light Divine. We are Love. We are Will. We are Fixed Design '
Djwhal Khul, The Tibetan Teacher & Master

