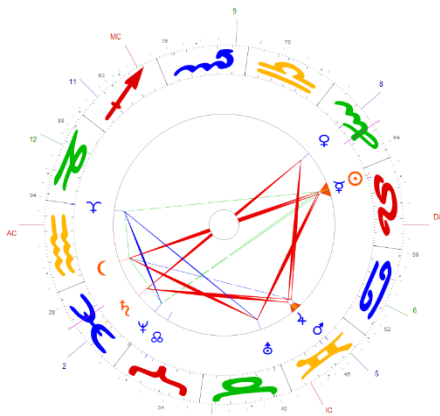




19.8.24 Leo FM 11:19:25 London UK

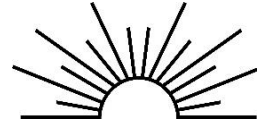
LEO FULL MOON – *Blue Moon*

The Day of Safeguarding

- 19th August 2024 London 19:25:35

Personality Aspect: ***Let other forms exist; I rule.***

Soul Aspect: ***I am That and That am I.***



We are tracing the story of Hercules and endeavouring to recognise how he, in his twelve labours, played the part of the aspirant upon the Path of Discipleship. On it, he undertook certain tasks, symbolic in nature, and passed through certain episodes and events which portray for all time the nature of the training and attainments which characterise the person who is nearing liberation.

[Labours of Hercules © Lucis Trust Ltd. p4]

Each of us is an embryo Hercules; and each one of us faces identical labours, each of us has the same goals to achieve and the same circle of the zodiac to encompass. [ibid P9]

As we study the story of Hercules and go with him through his twelve labours, passing around the great zodiac of the heavens, we will approach it from two angles: that of the individual and that of humanity as a whole. [ibid p8]

The consciousness (we aspire to) is the consciousness that we are integral parts of a greater WHOLE, [...] Hercules [...] enacted the life story of every aspirant and demonstrated the part which the unit must play in the eternal enterprise. [ibid p7]

He has to find himself as an individual only to discover that individualism must be sacrificed intelligently to the good of the group. [ibid p9]

Under the rule of matter, we are immersed in fear, individualism, competition, and greed. These have to give place to spiritual confidence, co-operation, group awareness and selflessness. [This is the lesson that Hercules brings to us.] [ibid p9]

The Myth can be taken as the sowing of the seeds of foundational ideas, which give rise to relationships within societies and communities that are birthing the ideals of the New Age. At the time of the full moon, we open to be receptive to these energies that are available, and we strive to anchor them in our daily lives on behalf of humanity, the Hierarchy and the Christ. We open up to them on behalf of humanity.

And in this gathering that is the second service we attempt to align with, at this time of the Full Moon and the day of safeguarding.

-oOo-

Excerpts from the 5th Labour of Hercules – The Labours of Hercules: © Lucis Trust Ltd.

The Slaying of the Nemean Lion [Leo, July 22nd – August 21st]

1. The Myth: "The Great Presiding One, within . . .". p.95 - 96
2. The Myth Continues: "From place to place passed Hercules, . . ." p.97 - 100.

3. The Field of Labour: *"The sign of Leo is one of the four arms, . . ."* p.103 – 104.
The Lesson of the Labour: There is in the head a little cave. . ." p110.
4. Lesson of the Labour: The Nemean Lion symbolizes. . . ." p. 108 - 109.

As we read and share, we meditate and become receptive together, entering a group field far richer and wiser than the sum of our individualities. Gradually over time we move closer to our spiritual confidence and group awareness.

Realising that Hercules shines a light onto the Way and highlights not only the challenges but the opportunities that humanity is collectively facing at present. *The task before the aspirant humanity in the month of fiery Leo, is to anchor the soul within a cohesive ego structure. [the personality]*

From Leo comes solar power, clearing the way by burning for the expression of the Soul, and it provides the burning ground which all aspirants must tread eventually with self-effacement and yet will. [Meditation and the rhythm of the year P40]

The task which lies before the aspirant humanity in the month of fiery Leo, is to conquer the self-assertive personality,.... to conquer fear and overcome it with the allied skills and qualities of the soul working through the personality..... [and] subordinating its will to the unifying love of the soul and thereby becoming a reliable agent for Divine Purpose in the world of men and women.

The 'eye of vision', the fiery light of illumination, seeks and visions a point of synthesis within the duality of life's relationships, which are after all, the relationship between the soul and personality of groups - local, national, international, and global. [Leo FM paper 2022]

Creative Meditation

Alignment

Sitting comfortably close your eyes or lower your gaze and take a few deep breaths. Allowing the breathing to settle in a comfortable rhythm - relax the physical body and feel it soften. Allow the emotions to become calm and serene - letting go of any previous thoughts. Raising the consciousness through the emotional and mental fields towards the Soul inwardly affirm silently or aloud:

"I am That and That am I."

Affirmation – Group Fusion

Identifying the personal 'I' consciousness with the Soul consciousness - realising they are in reality one - silently affirm the Mantrum of the Disciple.

We are one with our group bothers and all that we have is theirs.
May the love, which is my sour pour forth to them.
May the strength, which is in me life and aid them,
May the thoughts which my soul creates reach and encourage them.

Align your thinking to consider the Leo Soul Message. Mentally salute it becoming attuned to its livingness and its vibration, its quality, nature and potentiality.

I am That and That am I.

Relate it to the present world conditions and happenings at the time, for example, specific areas of conflict or suffering - meetings and conferences of local and international import. This helps to call in the energies to the points of greatest need and makes their aid and practical expression possible.

Visualization

.....Sitting quietly and poised..... endeavour to be a point of focused vision within the centre of the head, with the eye of the mind directed towards the soul

Send a line of light along the antahkarana into the spiritual realm, where we join with all others who are approaching the spiritual energies in meditation ...

Holding your consciousness high in the head and listening expectantly with all your senses alert to that which will make itself known and grow within you... ..

Imagine you are taking an excursion that takes you through a familiar or unfamiliar sunlit woodland setting:

Imagine you are sitting on the grass beside a quiet pool surrounded by trees, flowers and ferns. It is a quiet tranquil place. You can feel the coolness of the air and the earth beneath you whilst experiencing the sounds and smells of this woodland glade. You notice the stones and pebbles in the pool and the life active within it. The stillness and silence here create a peaceful tranquillity.

You decide to follow the stream feeding the pool. The pathway you follow leads gently upwards through the dappled woodland setting and you climb on through sun and shade, noticing as you go the different bird songs and sounds that surround you.

Finally, you reach a sunlit clearing at the top of the hill. At the other side of this there is a wooden cabin. its door is open. You decide to cross the stream and, on reaching the door, you step over the threshold and, as you do so, you are able to set aside the personality as a cloak and to enter as the pure, personal I-consciousness.

You cross the hallway and go into a room of silent stillness. Here you find the High Being, whom you know innately as the Soul, the Teacher, the Master. In the presence of the Soul, the Master of your life, there is a moment of reverent recognition and dedication. Become aware of any impressions.

Dedication

Using the creative imagination send out the idea of the living thought-form created as a blessing into the stream of mental consciousness as you sound the following dedication.

'Into the light we move, beckoned thereto by thee.
Out of the dark we come, driven thereto by the soul of all.
Up from the earth we spring and into the ocean of light we plunge.
Together we come.

Together we move, guided and led by the soul we serve and by
thee, the Master we know.
The Master within and the Master without are *One*.

That One are we. The One is all – my soul, thy soul, the Master
and the soul of all.”

The Tibetan - DINA II p.127

Precipitation and Invocation:

Close by sounding the Great Invocation. Using the creative imagination to circulate and distribute throughout humanity's etheric network the energies contacted in receptive stage, the thought-forms created in reflective stage, as well as, Light, Love and the Will-to-Good.

The Great Invocation

From the point of Light within the Mind of God
Let light stream forth into human minds.
Let Light descend on Earth.

From the point of Love within the Heart of God
Let love stream forth into human hearts.
May the Coming One return to Earth.

From the centre where the Will of God is known
Let purpose guide the little human wills
The purpose which the Masters know and serve.

From the centre which we call the human race
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

(adapted)

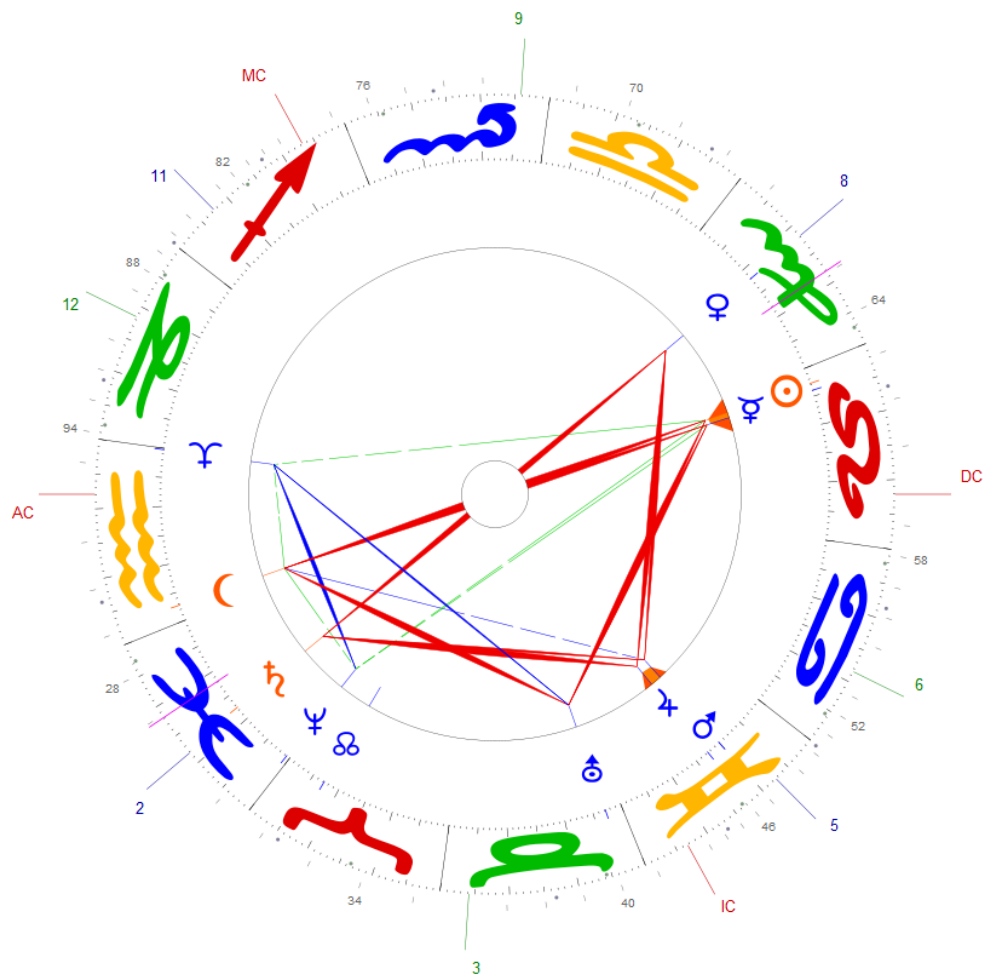


The Sundial House Group for Creative Meditation

sundialcentre@btinternet.com

www.creativegroupmeditation.org

www.creativemeditation.net



Leo Full Moon 19.8.2024, 19:25:35, UK City if London OW07 51N30

'A myth is far truer than a history, for a history only gives a story of the shadows, whereas a myth gives a story of the substances that cast the shadows.'

Annie Beseant

